

MASSAGE THERAPY

The healing touch of massage will surpass your expectations. By understanding your specific needs our therapists will customize your session to deliver maximum tension relief and total body relaxation.

RELAXATION MASSAGE 50 Minutes \$109 | 80 Minutes \$139 | 110 Minutes \$179

Customized for your body's need, the Relaxation Massage is a wonderful way to work your body's muscles while relieving tension and day-to-day stress. Prenatal available upon request

DEEP TISSUE MASSAGE 50 Minutes \$119 | 80 Minutes \$159 | 110 Minutes \$199

For the avid athlete and guests looking for a more intensive massage, the Deep Tissue Massage is designed to loosen muscles, alleviate pain and increase mobility. This massage is both corrective and therapeutic.

CUSTOMIZED AROMATHERAPY WITH ESSENTIAL OILS 60 Minutes \$139 | 90 Minutes \$169 | 110 Minutes \$219

Enhance your massage session with a custom aromatherapy essential oil. Choose from our delectable oil blends hand-selected to suit your senses. You will receive a full aromatherapy massage session and take home your selected blend.

HOT STONE MASSAGE 80 Minutes | \$179

Enjoy this organic form of massage, where heated stones applied to the body stimulate the circulatory system, relax tense muscles, release toxins, and create a feeling of peacefulness.

SPORTS MASSAGE 90 Minutes | \$189

Clients will be actively involved in compression, stretching and targeting areas of restriction and stiffness

BODY MELT BACK THERAPY 80 minutes

The ultimate relaxing experience that combines deep, intensive massage with steaming hot towels steeped in warming herbs and essences such as Lavender, Rosemary and Thyme. Tension deep within spinal muscles is unraveled with an anti-inflammatory Arnica Gel in this powerful therapeutic treatment. An intensive treatment designed to focus on soothing sore muscles by releasing constrictions to the paraspinal muscles with an anti-inflammatory herbal gel.

COUPLES MASSAGE

Couples pricing includes massage for two

COUPLES MASSAGE VIA CANDLELIGHT 50 Minutes \$249 | 80 Minutes \$309 | 110 Minutes \$389

Celebrate life together surrounded by the reflection and warmth of candles and soothing music. Relax with a special couples massage and escape the day-to-day.

COUPLES CUSTOMIZED AROMATHERAPY WITH ESSENTIAL OILS 60 Minutes \$339 | 90 Minutes \$399

Enhance your massage session with a custom aromatherapy essential oil. Choose from our delectable oil blends hand-selected to suit your senses. You will receive a full aromatherapy massage session and take home your selected blend.

COUPLES HOT STONE MASSAGE VIA CANDLELIGHT 80 minutes | \$399

Add a magical ingredient to our signature couples Massage. Hot stone massage is an organic form of massage, where heated stones applied to the body stimulate the circulatory system, relax tense muscles, release toxins, to create a feeling of peacefulness.

VICHY MASSAGE

Vichy treatments utilize a special shower that runs parallel to a cushioned treatment table, so you can get a shower while lying down. Instead of jumping up and getting in a shower to rinse off the salt or mud, you simply lie there. The Vichy shower's cascade of water feels delicious!

VICHY MASSAGE 80 Minutes | \$169

A hands-on therapeutic massage is combined with the powerful force of water and the added experience of the Vichy room sprays. An unforgettable complement to any treatment, this water based massage creates an unexpected level of relaxation.

DEEP FOREST DETOX MASSAGE 80 Minutes \$219 | Enhanced 110 Minutes \$259

This detox exfoliation & forest scented Vichy massage is a wonderful service to help jump start your ski season! Essential oils are used during the massage to promote lymphatic drainage and stimulation of blood flow. Great for anyone who is in need of serious relaxation and transformation.



MAMA'S TOUCH

Customized care for mothers-to-be. Please note: massages during the first trimester are not advised.

PRENATAL MASSAGE 50 Minutes \$109 | 80 Minutes \$139

Customized for your body's needs, the Prenatal Relaxation Massage is a wonderful way to work your body's muscles while relieving tension and day-to-day stress.

ULTIMATE ROSE PREGNANCY MASSAGE 50 Minutes | \$139

Relieve stresses and strains, heavy legs and an aching back with this all over body treatment. Includes relaxing and rejuvenating full scalp and facial massage. Not just for Moms; this is a perfect treatment for everyone who loves to be enveloped in essential oils of rose.

ULTIMATE ROSE POST-PREGNANCY SKIN NOURISHER 50 Minutes | \$159

This deeply restorative, pampering, all-over body treatment incorporates exfoliation and the layering of rose based products, to immediately restore the skin's quality and appearance. Not just for Moms; this is a perfect treatment for everyone who loves to be enveloped in essential oils of rose.

SPA PACKAGES

TRILOGY PACKAGE 150 Minutes | \$299

Good things come in threes. Let our talented spa therapist create a personalized experience for you. By combining body treatments, hot stones, aromatherapy, acupressure and massage together, the Trilogy Package is the ultimate spa getaway. The package blends three complementary services to allow you to create your own sensory experience.

EXPRESS SPA PACKAGE 90 Minutes | \$149

For the girl on the go! The new Express Spa Package offers the top picks at Alyeska. Treatments include Mini-Massage, Aromaglow Body Scrub, and combo Manicure/Pedicure Polish Change.

THE ART OF LIFT 180 Minutes | \$389

Give yourself the gift of the "Art of Lift". This package offers firming, lifting and toning for the entire body. We begin with a body treatment which delivers firming ingredients deep into the skin and a stimulating masque is applied and cocooned to promote deeper penetration. Next we move onto to geo-thermal waters, known for their remarkable anti-free radical and firming properties. This miraculous sequence includes 3 facial masks: one creamy, one warming and one cooling; delivering progressive skin repair and a complete sense of renewal. Spa guests take home a complimentary sample bag. You can choose the last component of your package from Firming Eye Treatment, Firming Lip Treatment or Nourishing Scalp Massage

ALASKAN RAINFOREST PACKAGE 150 Minutes | \$339

Sign up for the Alaskan Rainforest package for our ultimate detoxifying and stress relief spa experience! You'll feel all brand new after our Deep Forest Detox body treatment and Alaskan Glacial Facial.

MOISTURE DRENCH PACKAGE 150 Minutes | \$339

This is "the go to" for soft, supple, luxurious skin. This package includes a restorative scalp treatment, gentle and refining body scrub, and full body massage using Morrocanoil's Replenishing Intense Hydrating Treatment. The package is made complete with our Hydralescence facial. You'll be glowing!

FACIALS

The Spa at Alyeska is proud to offer facial services that address the needs of every skin type and condition. Each treatment is not only designed to produce a radiant complexion, but to create total tranquility.

ALASKA GLACIAL FACIAL 50 Minutes | \$129

Experience the Alaska wilderness indoors with the Alaska Glacial Facial. This customized facial features the timeless decadence of a rich and creamy Arctic mud used to exfoliate, detoxify and soften the skin. The organic and wild-crafted botanical extracts in the mud are chosen for their skin softening and anti-aging properties.

ALASKA GLACIAL BACKCIAL 45 Minutes | \$99

The Alaska Glacial Facial is also available for your back! This treatment begins with an exfoliation of the back using marine salt crystals to sluff away the dead skin. We follow the exfoliation with an application of the Alaska Glacial Facial Mud enriched with wildcrafted botanicals to detoxify and soften the skin. A final application of moisturizing body milk will leave that hard to reach area feeling silky and smooth.

LE GRANDE CLASSIQUE 70 Minutes | \$139

This treatment uses anti-inflammatory plant extracts that will leave your skin refreshed and dewy, without the unsightly marks. Easily adaptable to any skin type, this sumptuous facial is based on Yon-Ka's "Five progressive purifying steps", which allow the skin to be deeply cleansed without irritation.

ALPHA VITAL 50 Minutes | \$129

this delightful fruit acid treatment uses organically sourced AHA (Alpha hydroxyl Acids) and BHA (Beta Hydroxyl Acids) from natural fruits. Alpha Vital instantly improves skin roughness and promotes healthy cell renewal. Your skin will become noticeably smoother without increased skin sensitivity. A freshly prepared, deliciously scented "fruit-plasty" mask will leave your complexion luminous.

OPTIMIZER FACIAL 70 Minutes | \$159

At the precise balancing point of flawless skin and perfect tone, there is a sense of harmony. This is the sensation of Optimizer on the skin. Special needs require special treatment, and Optimizer provides exactly that, using a super range of scientifically proven uplifting and firming phytochemicals designed to release your skin's full potential.

YUKON FACIAL 50 Minutes \$109 | 70 Minutes \$139

Featuring Yonka's premier men's skin care line, this facial is recommended for all ages and skin types. This deep pore cleansing treatment restores and conditions the skin with the added benefits of being a highly relaxing treatment for long lasting radiance and deeply purified skin.

NATURAL FACE LIFT 50 Minutes | \$149

This regenerating treatment uses a PLANT STEM CELL SERUM to slow cellular aging and plump and firm the skin. This natural face lift treatment includes an ultra-hydrating hyaluronic cream to help reduce fine lines and wrinkles.

VITAL-ELASTINE FACIAL 70 Minutes | \$159

This expert anti-age treatment takes specific anti-wrinkle technical actions by targeting wrinkles, a radiant complexion, hydration and nutrition. Efficiency enhanced by the complementary agents of Yonka's new professional mask compress.

HYDRAESSENCE DEEP MOISTURE 50 Minutes | \$149 (enhanced 70 Minutes | \$169)

this high-performance treatment will quickly help to restore its balance, suppleness and softness. What's the secret? The powerfully softening action of seaweed and fruit extracts; the use of 2 refreshing masks, one including a massage with a fine aromatic mist; and application of a repairing, hydration-reactivating duo using Yon-Ka techniques.

CALM & CLEAR FACIAL 50 Minutes | \$129

This facial is designed to treat sensitive skin conditions utilizing calming extracts such as German Chamomile, Oatmeal and Calendula to reduce inflammation.

PURE RESULTS 50 Minutes | \$129

Custom, deep cleansing facial gives you both results and a relaxing sensorial experience. Our experts will tailor your session to address your concerns from sensitive skin to breakouts to fine lines using the best of nature's remedies.

SKIN ILLUMINATION 50 Minutes | \$159

This facial reverses the effects of sun damage and premature aging by brightening the complexion and treating the skin with potent antioxidants and corrective botanical extracts to revitalize the skin.

80 MINUTE UPGRADE \$75

Upgrade your 50-minute facial to 80 minutes, and receive an additional mask, invigorating scalp treatment, foot massage and Active Micropeel application are used to target expression lines around the eyes, lips, neck, and décolleté



BODY SERVICES

AROMAGLOW OCEAN LUSTER BODY SCRUB 25 Minutes | \$79

Silky skin is just a treatment away. The invigorating particles will whisk away dead skin while the fresh botanical scent will leave your body clean, smooth and soft. This treatment is the perfect complement to a massage or prelude to a body treatment.

MOROCCAN GLOW HEAD TO TOE 35 Minutes | \$99

Dreaming of an exotic getaway? Craving hot sandy beaches and fragrant tropical blossoms? Don't have time for a vacation? Treat yourself to a well-deserved rejuvenating escape to the Spa at Alyeska! Get the bliss of a sojourn for a fraction of the price with our Head to Toe Moroccan Glow body and scalp treatment.

LEMONGRASS MIMOSA BODY TREATMENT 50 Minutes | \$129

Zesty Lemongrass and Bamboo are blended to make this foaming exfoliating scrub effective in sloughing away calloused or flaky skin on hands, feet and body. The treatment is followed by a moisturizing full body massage using our Sicilian Bergamot Body Lotion.

SEA SILK BODY MASK 50 Minutes | \$169

The Sea Silk Body Mask is ideal for instant revitalization. A combination of essential oils (Ylang-Ylang, Sage, Sandalwood, Basil and Lavender) and trace minerals balance the body whether in need of relaxation or invigoration. An Alyeska favorite!

MARINE MUD DETOXIFYING BODY MASK 50 Minutes | \$159

The Marine Mud Detox encourages purification for overall well-being. This Body Mask stimulates the metabolism for the acceleration of waste elimination, contouring (refining and fighting against excess weight and cellulite), remineralizing and improving microcirculation.

LAYERS OF THE SEA 50 Minutes | \$189

This head to toe treatment package leads you on a journey toward toned and youthful skin. By combining the latest French ingredients and an array of treatment techniques, your therapist will provide the ultimate anti-aging encounter. The body is drenched in an active concentrate, which delivers firming ingredients deep into the skin. Then a stimulating masque is applied and cocooned to promote deeper penetration. The finale is a gentle reawakening of the body followed by an application with a rich, luxurious anti-aging body cream. You will look and feel younger from top to bottom!

BODY REFINER 80 Minutes | \$189

A toning and slimming treatment to refine the body contours and eliminate excess fluids, leaving a slimmer looking silhouette and smoother skin.

THAI BOLUS TREATMENT 80 Minutes | \$189

This unique exfoliating experience taken from traditional Thai massage techniques seduces the senses and imparts exquisitely silky skin. After marine oil and salt gently polish the skin, warm fragrant linen bundles filled with marine salt crystals and lavender buds are applied to deliver warmth throughout this stretching massage. Inhale hypnotic perfume as the sachets are pressed onto aching muscles and energy meridians. This specific method soothes tension and focuses on pressure points to restore total body balance.



NAIL CARE

ALMOND MILK MANICURE \$49

Nourish your hands with this special manicure. We start this relaxing experience with a warm oil almond milk bath to soften and moisturize cuticles and nail. An exfoliating sugar scrub enhanced with almond oil and jojoba beads a deep conditioning masque will give your skin a shimmering glow. Special attention is paid to shaping and cuticle care.

SEA MINT PEDIUCURE \$89

Our Sea Mint Pedicure instantly exfoliates and softens even the roughest feet. With ingredients such as beach sand, energizing marine botanicals, quartz crystals, soothing sea salts and a mint infused foot mask, this indulgence is the perfect treatment for tired feet.

FRENCH MANICURE OR PEDICURE *Add \$10*

A classic and sophisticated finish for your hands or feet.

ADD-ON SERVICES

FIRMING EYE TREATMENT \$30

LASH TINT \$30

BROW TINT \$30

MOROCCAN OIL SCALP TREATMENT \$30

YONKA FRUIT MASK (Facials Only) \$30

INTENSE HYDRATING TREATMENT \$20

ARNICA TREATMENT \$20

MAKEUP

MAKEUP LESSON \$55

Our skilled make-up artists believe that makeup is the ultimate beauty accessory. Choose to go subtle, just enough or bold. The Spa at Alyeska carries the complete line of Being TRUE cosmetics. We unite luxury and dermatological efficacy to bring you mineral makeup with dramatic anti-aging benefits. Being TRUE skincare and cosmetics offer Idebenone, a breakthrough super antioxidant delivering a new level of skin protection along with dramatic anti-aging benefits

BRIDAL & SPECIAL OCCASION MAKEUP CONSULTATION 30 Minutes | \$40

WEDDING DAY MAKEUP APPLICATION 60 Minutes | \$85

This service requires a bridal consultation

WAXING

BROW \$25

LIP \$25

HALF LEG \$55

FULL LEG \$90

BIKINI \$60

BRAZILIAN BIKINI \$80

FULL LEG & BIKINI \$110

UNDERARMS \$35

Additional waxing services available upon request.



For additional information, please contact your Teneo Sales Representative.
1-800-495-0119 | info@teneohg.com